

## 2023 TWHS Powelifting Meet - The Woodlands High School - 2/11/2023 - THSPA Boys

Wt. Class	Place	Athlete	Team	BWT	Squat	Bench	Dead Lift	Total
114	1	Hernandez, Aaron	Grand Oaks	114	340	200	335	875
114	2	Ha, Logan	The Woodlands	99.1	195	90	240	525
114	3	Abiassi, Kristian	College Park	105.6	120	90	200	410
123	1	Vera, Cruz	Conroe	122.5	385	225	385	995
123	2	Turner, Carson	The Woodlands	122.3	255	160	310	725
123	3	Arnold, Landon	The Woodlands	115.3	265	185	270	720
132	1	Benegas, Rodrigo	Conroe	131.2	435	245	455	1135
132	2	Guerrero, Santi	The Woodlands	130.4	355	210	345	910
132	3	Lozano, Steven	Grand Oaks	130.9	315	195	390	900
132	4	Nguyen, Tank	Conroe	128.3	325	200	325	850
132	5	Martinez, Gavin	A&M Consolidated	130.9	300	190	330	820
132	6	Landeros, Adahir	Conroe	131.6	320	190	305	815
132	7	Almand, Matthew	A&M Consolidated	126.6	300	195	310	805
148	1	Noack, Macoy	The Woodlands	146	465	330	420	1215
148	2	Hunt, Alex	College Park	146.9	410	320	450	1180
148	3	Contreras, Jerry	The Woodlands	144.1	435	255	485	1175
148	4	Altamirano, Enzo	Conroe	147.7	405	260	360	1025
148	5	Fougeron, Riley	College Park	145.7	385	230	385	1000
148	6	Banuelos, Jacob	Caney Creek	147.8	300	230	390	920
148	7	Gigliotta, Ethan	Montgomery	144.2	335	185	385	905
148	8	Esquivail, Daniel	Willis	147.9	355	235	315	905
148	9	Underwood, Jude	Montgomery	144.5	340	215	340	895
148	10	Rodriguez, Erick	Caney Creek	136.4	295	155	335	785
148	11	Heaggs, Dylan	Eisenhower	141.3	275	190	275	740
165	1	Ealy, Jamarcus	The Woodlands	159.9	485	320	500	1305
165	2	Haynes, Ethan	Willis	163.5	500	280	460	1240
165	3	Rodriguez, Luis	Caney Creek	156.8	465	285	465	1215
165	4	Segura, Jostin	Caney Creek	160.1	425	275	500	1200
165	5	Olsen, Colton	Oak Ridge	164.2	480	255	450	1185
165	6	Chometsky, Kalen	The Woodlands	162.1	440	285	405	1130
165	7	Smith, Ryan	Conroe	163.4	435	260	435	1130
165	8	Coleman, Timothy	College Park	164.9	460	240	405	1105
165	9	Alvarez, Jose	Willis	156	385	215	430	1030
165	10	Espinoza, Alex	Conroe	165	360	225	425	1010
165	11	Sauceda, Kenneth	Northbrook	159.3	345	215	380	940
165	12	Lowery, Kross	Montgomery	154.5	315	205	345	865
165	13	Potts, Marcus	Eisenhower	158.1	305	190	325	820
165	14	Acosta, Jaime	Northbrook	156	245	165	325	735
165	15	Williams, Timothy	Caney Creek	149.5	280	175	275	730
165	16	Payne, Hayden	Hempstead	154.3	290	100	255	645
165	17	Garcia, Tristan	Hempstead	155.2	225	135	245	605
165	BO	Lamei, Thomas	Oak Ridge	148.2	365	215	0	0
165	BO	Pecina, Bayron	Northbrook	149.4	325	0	0	0
181	1	Rodgers, Jesse	Grand Oaks	179.1	530	350	515	1395
181	2	Leonardo, Brian	Oak Ridge	180.1	530	350	500	1380
181	3	Alfaro, Nicolas	College Park	180.8	505	305	495	1305
181	4	Gober, Jacob	Willis	176.6	465	330	475	1270
181	5	Woodruff, Brooks	The Woodlands	175.1	430	320	485	1235

181	6	Stewart, Riley	Conroe	181	500	275	450	1225
181	7	Ritter, Connor	College Park	176.4	475	345	375	1195
181	8	Cantu, Cesar	Willis	165.5	425	270	465	1160
181	9	Fisher, Hunter	Conroe	176.5	455	270	405	1130
181	10	Foder, Michael	The Woodlands	172	440	255	430	1125
181	11	Olivani, Blaise	Montgomery	171	425	275	415	1115
181	12	Vazquez, Raul	Northbrook	166.5	370	210	405	985
181	13	Gayton, Carlos	A&M Consolidated	176.2	360	250	375	985
181	14	Bonner, Percy	Hempstead	171.2	250	205	315	770
181	15	Murillo, Anthony	Northbrook	172.6	295	145	315	755
198	1	Loar, Garrett	Willis	191.2	585	360	505	1450
198	2	Tran, Andrew	Montgomery	197.4	530	335	535	1400
198	3	Aguirre, Challinyer	Northbrook	190.4	500	325	560	1385
198	4	Woodruff, Wilson	The Woodlands	195.1	485	300	485	1270
198	5	Perez, Joel	Caney Creek	192.2	455	315	485	1255
198	6	Wilson, Joseph	Oak Ridge	181.5	450	255	525	1230
198	7	Garza, Timothy	Caney Creek	195.7	455	255	485	1195
198	8	McEldowney, Braden	Grand Oaks	190.2	475	260	450	1185
198	9	Yancy, Daniel	Oak Ridge	184.5	480	290	410	1180
198	10	Alberts, Payton	Willis	187.9	405	290	415	1110
198	11	Rodriguez, Hector	Caney Creek	191.7	380	205	465	1050
198	12	Zalvidar, Elvis	Northbrook	188.1	370	225	355	950
198	13	Smith, Jayson	Hempstead	188.4	350	205	345	900
198	14	Erkins, Jamarcus	Eisenhower	193.5	200	160	235	595
198	BO	Lunn, Zach	Grand Oaks	189.4	535	0	0	0
220	1	Clayton, Cayden	The Woodlands	207.9	665	405	575	1645
220	2	Bolden, Matthew	A&M Consolidated	210.2	570	340	470	1380
220	3	Hall, Cameron	College Park	219.2	515	330	510	1355
220	4	Karaman, Yagiz	The Woodlands	207.9	475	350	470	1295
220	5	Delatorre, Adrian	Conroe	219.8	500	300	495	1295
220	6	Reed, Joseph	Aldine Nimitz	210.4	550	280	450	1280
220	7	Hernandez, Austen	Willis	201.8	430	315	465	1210
220	8	Trejo, Waylon	A&M Consolidated	205.8	445	260	480	1185
220	9	Carreon, Ernesto	Caney Creek	211.3	475	225	475	1175
220	10	Lopez, Gabriel	Hempstead	209	380	315	385	1080
220	11	Hennessey, Thaddaios	A&M Consolidated	208.6	400	275	335	1010
220	12	Anderson, Toiyahbi	Eisenhower	219.8	200	150	300	650
242	1	Hydock, Cooper	Montgomery	228.5	530	300	530	1360
242	2	Klie, Nate	The Woodlands	230.6	555	330	470	1355
242	3	Grant, Tyler	Grand Oaks	224.5	565	300	485	1350
242	4	Johnson, Marque	Conroe	225	530	300	500	1330
242	5	Montgomery, Marek	Montgomery	226.6	475	305	535	1315
242	6	Dickerson, James	College Park	239.2	500	320	495	1315
242	7	Kopek, Travis	Grand Oaks	229.5	490	325	450	1265
242	8	Cruz, Isaac	The Woodlands	235	460	290	440	1190
242	9	Guzman, Evan	A&M Consolidated	229.9	415	300	470	1185
242	10	Stafford, Isaac	Willis	234.6	400	310	425	1135
242	11	Koeneman, Jacob	A&M Consolidated	235.2	400	295	425	1120
242	12	Sanchez, Chris	Caney Creek	226.3	475	265	375	1115
242	13	Schlinke, Hudson	A&M Consolidated	235.6	385	270	400	1055
242	14	Banda, Felix	Northbrook	240.8	405	205	420	1030
242	15	Thompson, Michael	Oak Ridge	220.2	425	185	395	1005

242	16	Francis, Colton	Oak Ridge	222.9	410	165	385	960
242	17	Browne, Lacroix	Eisenhower	225.6	275	175	325	775
242	18	Trujillo, Alvaro	Hempstead	233.1	300	130	345	775
275	1	Yang, William	Grand Oaks	264.6	725	405	675	1805
275	2	Harris, Jacob	Oak Ridge	272	690	420	615	1725
275	3	Fletcher, Caleb	Willis	262.7	595	380	500	1475
275	4	Hilton, Logan	Willis	271.1	550	385	435	1370
275	5	Robinson, Peyton	College Park	249.7	570	335	430	1335
275	6	Cloud, Grant-Harrison	Grand Oaks	248.1	505	225	550	1280
275	7	Gonzales, Albert	Northbrook	263.3	465	270	510	1245
275	8	Franks, Nolan	Aldine Nimitz	263.7	420	300	440	1160
275	9	Lima, Gerrinho	Eisenhower	256.4	440	250	450	1140
275	10	Adams, Luke	College Park	273	395	255	420	1070
275	11	Scyrus, Travon	Hempstead	268.6	385	165	330	880
308	1	Williams, Cobe	College Park	289.4	740	470	590	1800
308	2	Pitzer, Jacob	Conroe	283.4	670	405	555	1630
308	3	Berg, Carson	College Park	291.6	590	420	450	1460
308	4	DelRey, Cameron	Oak Ridge	280.9	580	355	495	1430
308	5	Mott, Walker	Oak Ridge	287.9	520	375	510	1405
308	6	Romero, Christopher	Eisenhower	307	240	140	325	705
SHW	1	Lightfoot, Joseph	A&M Consolidated	313.2	710	425	590	1725
SHW	2	Henry, Joshua	Caney Creek	366.5	605	405	575	1585
SHW	3	Zaunbrecher, Levi	The Woodlands	318.2	550	325	490	1365
SHW	4	Crouch, Carlo	Caney Creek	319.1	485	285	455	1225
SHW	5	Robinson, Carson	Montgomery	324.8	430	250	410	1090

\* BO-Bombed Out SC-Scratched DQ-Disqualified

## Team Results

Place	Team	Scoring
1	The Woodlands	7+7+7+5+5+5+5+3+3+3+2+1=53 points
2	Grand Oaks	7+7+7+3+3=27 points
3	Conroe	7+7+5+2+2+2+1=26 points
4	College Park	7+5+3+3+3+3+1+1=26 points
5	Willis	7+5+3+2+2=19 points
6	Montgomery	7+5+1+1=14 points
7	Oak Ridge	5+5+2+1+1=14 points
8	A&M Consolidated	7+5+1=13 points
9	Caney Creek	5+3+2+2+1=13 points
10	Northbrook	3=3 points
11	Hempstead	0 points
11	Aldine Nimitz	0 points
11	Eisenhower	0 points