

HIGHLANDER POWERLIFTING TEAM

FRESHMAN RECORDS

	<u>Squat</u>	<u>Bench Press</u>	<u>Dead Lift</u>	<u>Total Weight</u>
114	Matt Lee 245 lbs Navasota (2008)	Hank Hewgley 155 lbs Region IV (2019)	Caffery Penn 300 lbs Region IV (2009)	Caffery Penn 685 lbs Region IV (2009)
123	Gavin Webster 320 lbs Region IV (2014)	AJ Ono 205 lbs Region IV (2015)	Gavin Webster 365 lbs Region IV (2014)	Gavin Webster 875 lbs Region IV (2014)
132	Grayson Brown 370 lbs Region IV (2013)	Grayson Brown 200 lbs The Woodlands (2013)	Grayson Brown 390 lbs Region IV (2013)	Grayson Brown 960 lbs Region IV (2013)
148	Zach Hohman 440 lbs The Woodlands (2007)	Zach Hohman 215 lbs Cleveland (2007)	Weston Tuttle 390 lbs Navasota (2018)	Zach Hohman 1030 lbs Navasota (2007)
165	Zach Hohman 400 lbs Dayton (2007)	Zach Hohman 215 lbs Dayton (2007)	Colin Renton 425 lbs Cleveland (2006)	Colin Renton 1000 lbs Cleveland (2006)
181	Brooks Woodruff 495 lbs Region IV Meet (2023)	Brooks Woodruff 320 lbs The Woodlands (2023)	Brooks Woodruff 485 lbs The Woodlands (2023)	Brooks Woodruff 1295 lbs Region IV Meet (2023)
198	Alex Palmer 400 lbs Cy Ridge (2004)	Tristan Tipler 265 lbs TWH Dual Meet (2021)	Alex Palmer 455 lbs Cy Ridge (2004)	Alex Palmer 1115 lbs Cy Ridge (2004)
220	Kenny Furches 500 lbs Navasota (2010)	Kenny Furches 255 lbs Navasota (2010)	Kenny Furches 425 lbs The Woodlands (2010)	Kenny Furches 1180 lbs Navasota (2010)
242	Matt Hinton 510 lbs Cy Ridge (2004)	Matt Hinton 315 lbs Cy Ridge (2004)	Matt Hinton 485 lbs Region IV (2004)	Matt Hinton 1300 lbs Cy Ridge (2004)
275	Matt Hinton 500 lbs Dayton (2004)	Matt Hinton 300 lbs Dayton (2004)	Matt Hinton 485 lbs Navasota (2004)	Matt Hinton 1285 lbs Navasota (2004)
308	Koltin Sieracki 450 lbs The Woodlands (2021)	Koltin Sieracki 315 lbs The Woodlands (2021)	Koltin Sieracki 425 lbs The Woodlands (2021)	Koltin Sieracki 1210 lbs The Woodlands (2021)
SHW	Mark Poteat 505 lbs Navasota (2010)	Chad Lindsay 265 lbs The Woodlands (2007)	Mark Poteat 450 lbs Navasota (2010)	Mark Poteat 1170 lbs Navasota (2010)