

THE WOODLANDS POWERLIFTING MEET RECORDS

| <u>114 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|---------------------|-----------------|---------------|---------------|-------------|
| Squat | Benedict Santos | Splendora | 340 | 2006 |
| | Aaron Hernandez | Grand Oaks | 340 | 2023 |
| Bench | Aaron Hernandez | Grand Oaks | 200 | 2023 |
| Dead Lift | Darius Mallard | Navasota | 340 | 2011 |
| Total | Aaron Hernandez | Grand Oaks | 875 | 2023 |

| <u>123 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|---------------------|----------------|---------------|---------------|-------------|
| Squat | Cruz Vera | Conroe | 385 | 2023 |
| Bench | Alec Ohnheiser | Conroe | 225 | 2020 |
| | Cruz Vera | Conroe | 225 | 2023 |
| Dead Lift | Jared Ali | The Woodlands | 420 | 2020 |
| Total | Jared Ali | The Woodlands | 995 | 2020 |
| | Cruz Vera | Conroe | 995 | 2023 |

| <u>132 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|---------------------|---------------|---------------|---------------|-------------|
| Squat | AJ Ono | The Woodlands | 475 | 2018 |
| Bench | AJ Ono | The Woodlands | 275 | 2018 |
| Dead Lift | Edgar Benegas | Conroe | 500 | 2017 |
| Total | AJ Ono | The Woodlands | 1200 | 2018 |

| <u>148 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|---------------------|------------------|------------------|---------------|-------------|
| Squat | Daniel Gil | The Woodlands | 535 | 2022 |
| Bench | Macoy Noack | The Woodlands | 330 | 2023 |
| Dead Lift | Zerrick Merchant | A&M Consolidated | 545 | 2012 |
| | James Traylor | Montgomery | 545 | 2018 |
| Total | Rogelio Barrera | Conroe | 1325 | 2022 |

| <u>165 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|---------------------|-----------------|---------------|---------------|-------------|
| Squat | Zach Hohman | The Woodlands | 600 | 2009 |
| Bench | Travis Ferguson | Montgomery | 350 | 2009 |
| Dead Lift | Derrick Cobbs | Dickinson | 575 | 2020 |
| Total | Travis Ferguson | Montgomery | 1400 | 2009 |

| <u>181 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|---------------------|--------------|---------------|---------------|-------------|
| Squat | Zach Hohman | The Woodlands | 680 | 2010 |
| Bench | Zach Hohman | The Woodlands | 390 | 2010 |
| Dead Lift | Taylor Lipsy | The Woodlands | 560 | 2019 |
| Total | Zach Hohman | The Woodlands | 1585 | 2010 |

| <u>198 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|----------------------------|--------------------|----------------------|----------------------|--------------------|
| Squat | Luke McAffety | Magnolia West | 650 | 2020 |
| | Brock Slaydon | A&M Consolidated | 650 | 2022 |
| Bench | Colby Lord | Lake Creek | 390 | 2019 |
| Dead Lift | Ricky Francis | Beaumont Ozen | 650 | 2009 |
| | Perry Irchirl | College Park | 650 | 2020 |
| Total | Perry Irchirl | College Park | 1565 | 2020 |

| <u>220 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|----------------------------|--------------------|----------------------|----------------------|--------------------|
| Squat | Mitchell Fountain | The Woodlands | 735 | 2014 |
| Bench | Mitchell Fountain | The Woodlands | 450 | 2014 |
| Dead Lift | Mitchell Fountain | The Woodlands | 700 | 2014 |
| Total | Mitchell Fountain | The Woodlands | 1885 | 2014 |

| <u>242 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|----------------------------|--------------------|----------------------|----------------------|--------------------|
| Squat | Logan Ecuyer | The Woodlands | 665 | 2021 |
| Bench | Logan Ecuyer | The Woodlands | 425 | 2021 |
| Dead Lift | John Prescott | Beaumont Ozen | 640 | 2009 |
| | Logan Ecuyer | The Woodlands | 640 | 2021 |
| Total | Logan Ecuyer | The Woodlands | 1730 | 2021 |

| <u>275 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|----------------------------|--------------------|----------------------|----------------------|--------------------|
| Squat | William Yang | Grand Oaks | 725 | 2023 |
| Bench | Caleb Williams | College Park | 425 | 2020 |
| Dead Lift | William Yang | Grand Oaks | 675 | 2023 |
| Total | William Yang | Grand Oaks | 1805 | 2023 |

| <u>308 lb Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|----------------------------|--------------------|----------------------|----------------------|--------------------|
| Squat | Mikal Fernandez | Cy Woods | 740 | 2011 |
| | Cobe Williams | College Park | 740 | 2023 |
| Bench | Cobe Williams | College Park | 470 | 2023 |
| Dead Lift | Markale White | Dickinson | 625 | 2020 |
| Total | Cobe Williams | College Park | 1800 | 2023 |

| <u>SHW Class</u> | <u>Name</u> | <u>School</u> | <u>Pounds</u> | <u>Year</u> |
|-------------------------|--------------------|----------------------|----------------------|--------------------|
| Squat | Marcus White | Dickinson | 800 | 2020 |
| Bench | Marcus White | Dickinson | 440 | 2020 |
| Dead Lift | Jospeh Lightfoot | A&M Consolidated | 590 | 2023 |
| Total | Marcus White | Dickinson | 1810 | 2020 |